

Warning Signs and Symptoms To Watch For After You Give Birth

Please seek medical attention if you develop any of the following:

- Bright red bleeding (one full maxi pad in one hour)
- Passing clots larger than a half-dollar in size
- Temperature over 100.4°F
- Sore, painful, reddened or hot area on breast(s) or in the armpit
- Fever, aches and/or chills
- Pain or burning with urinating
- Cannot urinate or empty your bladder
- Constipation that is not relieved by diet or laxatives/stool softeners
- Signs of infection such as redness, swelling, pain or bad-smelling drainage from your vagina or cesarean incision
- Swollen, red, painful area on leg (especially calf) that is warm to the touch
- Crying spells or mood swings that make you feel out of control or last longer than 10 days
- Excessive worry and/or anxiety
- Trouble sleeping, eating or taking care of yourself

For other questions call your health care provider or if it is an emergency dial 9-1-1