



Dear Birth Mother,

Thank you so much for making the brave decision to bring your baby to our Safe Haven.. You are giving your child a safe place to stay and we will give your baby the possible best care.

This had to be a very hard choice for you and we want you to know that your physical and emotional health is important to us. You may be feeling many things. You may feel relief, knowing you are giving a safe and legal place for your baby. You may feel sad. You may feel angry at having to go through this at all. All these feelings are normal.

Sometimes a life event like this can cause sadness and confusion. Your feelings may continue to be strong and upsetting. If you should need medical or emotional help, go to your health care provider, nearest emergency room or local health department. If you are not sure where to go for help dial United Way 211. They will be able to help with that information. The back of this letter has warning signs you should look for after giving birth.

Here is what you need to know about your choice in leaving your child in the care of this Safe Haven. We call the Missouri Children's Division. They will call Family Court to get legal custody of your child. If you have questions, call the Missouri Children's Division toll-free number, **1-800-392-3738**.

Thank you, again, for the brave choice you have made.

We wish you the best,

Name of Safe Haven