

# FREE

Open to all metro KC families

# Kansas City Healthy Start

## One-Day

# CHILDBIRTH CLASS

## Held Every 3rd Tuesday

**FREE DIAPERS!**

10 a.m. to 4 p.m.  
*LUNCH provided!*

Grace & Holy Trinity  
Cathedral

FOUNDERS HALL

415 West 13th Street  
Kansas City, Missouri

**Pre-registration  
REQUIRED:**

By phone: (816) 283-MCHC (6242)

By email: [info@mchc.net](mailto:info@mchc.net)

Follow us on Twitter: [@mchc\\_dot\\_net](https://twitter.com/mchc_dot_net)

